

# CALL BIG TREE FIRST!

Most urgent care visits are unnecessary and expensive. Your Big Tree team can treat many of these issues quickly, often with same-day appointments — in person or virtually. If you're an employee on the Big Tree health plan, **there's no charge for your visit.\***

## CALL BIG TREE FIRST FOR THESE CONCERNS:

### COMMON ILLNESSES

- ✓ Strep throat
- ✓ Sinus infections
- ✓ Ear infections
- ✓ Cough, cold, and flu
- ✓ Pink eye and minor eye irritation
- ✓ Nausea, vomiting, diarrhea
- ✓ Urinary tract infections (UTIs)

### MINOR INJURIES

- ✓ Sprains and strains
- ✓ Minor burns and cuts
- ✓ Stitches and laceration repair
- ✓ Wound care and dressing changes
- ✓ Foreign body removal (splinters, glass)

### SKIN & ALLERGIES

- ✓ Rashes and allergic reactions
- ✓ Insect bites or stings
- ✓ Poison ivy and contact dermatitis
- ✓ Eczema flare-ups
- ✓ Minor infections or abscesses

### PAIN & OTHER CONCERNS

- ✓ Headaches and migraines
- ✓ Back or joint pain
- ✓ Ear wax impaction (ear lavage)
- ✓ Minor dehydration (IV hydration available\*)
- ✓ Mild asthma or breathing issues

### TESTING & PROCEDURES

- ✓ Rapid testing (strep, flu\*, COVID\*)
- ✓ Pregnancy tests
- ✓ EKGs for heart rhythm concerns

\*These services require an additional fee.



**573-814-1170**

**OR MESSAGE US ON SPRUCE!**

### WHAT TO EXPECT WHEN YOU CALL:

- 1 You'll first receive an automatic message – press "1" if your need is urgent.
- 2 Our on-call nurse will respond, assess your situation, and involve your provider if needed.
- 3 A nurse and provider are available 24/7 to make sure you get the care you need, when you need it.



### Emergency Care Disclaimer

Big Tree Medical is not an emergency care facility. If you are experiencing chest pain, severe shortness of breath, major injuries, signs of a stroke, heavy bleeding that does not stop, or any other potentially life-threatening emergency, you should call 911 immediately or go to the nearest emergency department.